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Gracious Living ADHCC is an equal opportunity employer Water and 1% milk is offered at each meal

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SNACKS

Yogurt n Fruit parfait, Nekot Crackers, Toastchee crackers, Cheez-its, Peanut butter graham crackers, Applesauce, Celery w/ peanut butter and raisins

Week One

Monday

Chicken Patties, Mac‘n Cheese, Sweet peas, Fruit, Rolls

Tuesday

Salmon Patties, Coleslaw, Potatoes and onions, Cornbread

Wednesday

Meatloaf, Mashed Potatoes, Lima Beans, Fruit, Roll

Thursday

Chicken n dumplings, mixed vegetables, Fruit, rolls

Friday

Hamburgers (with or without cheese) Salad with dressing, Fruit

Week Three

Monday

Spaghetti with meat, Salad with dressing, Garlic bread, and Fruit

Tuesday

BBQ chicken, mashed potatoes, green beans, fruit and rolls.

Wednesday

Cubed Steak , Rice, peas, fruit and rolls.

Thursday

Salmon Patties, Baked beans, Coleslaw, Fruit, Rolls

Friday

Turkey, Dressing, Sweet Potatoe Mash, Lima Beans, Fruit

**Gracious Living ADHCC Menu**

The Best Place for Your Best Days! (and meals)

Week Two

Monday

Sausage, cabbage, sweet potato casserole mash, Fruit, Roll

Tuesday

Chicken cauliflower Bake, Green Beans, Rolls

Wednesday

Baked Salmon, Macaroni Salad with tomatoes and cucumbers, Deviled eggs,Rolls

Thursday

Lasagna with meat, Salad with dressing, Fruit bread

Friday

Baked Chicken, rice, mixed vegetable, Fruit and Rolls

Week Four

Monday

Baked Salmon, Rice pilaf, Cole slaw, Fruit, Rolls

Tuesday

Hamburgers (with or without cheese) Salad with dressing, Fruit

Wednesday

Pork Chops with green peppers, tomatoes onions, mashed potatoes, broccoli, rolls,

Thursday

Chicken ‘n dumplings, mixed vegetables, Fruit, Rolls

Friday

Grilled Turkey and cheese sandwiches, Salad, Fruit